

Open heart, open  
mind, open Europe

WHEN: 10 (ARRIVAL) - 17 (DEPARTURE) NOVEMBER 2018  
RAJCZA, POLAND

WHAT: YOUTH EXCHANGE (KA1) WITHIN ERASMUS+

HOSTING ORGANISATION: STOWARZYSZENIE NA RZECZ DZIECI I  
MŁODZIEŻY "USKRZYDLAMY" / "WE ADD WINGS"

UL. DOLNA 49  
42-624 NIEZDARA, POLAND

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PROJECT'S FACEBOOK GROUP:  
[HTTPS://WEB.FACEBOOK.COM/GROUPS/1134584143358148/](https://web.facebook.com/groups/1134584143358148/)

## PARTNERS:

PORTUGAL - TEATRO METAPHORA - ASSOCIACAO DE AMIGOS DAS ARTES;

LITHUANIA - SIAULIU DIDZDVARIO GIMNAZIJA;

CROATIA - EUROPSKI PUT;

ITALY - ASSOCIAZIONE DI PROMOZIONE SOCIALE WARROLS;

ESTONIA - MITTETULUNDUSUHING NOORED UHISKONNA HEAKS;

ROMANIA - ASOCIATIA NATIONALA DE DEZVOLTARE CONTINUA  
A TINERETULUI DIN ROMANIA;

HUNGARY - COMPASS EURÓPAI IFJÚSÁGI KÖZÖSSÉGÉRT EGYESÜLET

## PARTICIPANTS:

YOUNG PEOPLE BETWEEN 17-23 YEARS OLD, INTERESTED IN INTERCULTURAL EDUCATION, GLOBAL CHANGES, SOCIAL INITIATIVES SUPPORTING DIVERSITY AND TOLERANCE, WHO ARE WILLING TO TAKE ACTIVE PART AND CONTRIBUTE WITH THE POSITIVE ATTITUDE AND ENERGY.

EACH PARTNER IS ASKED TO SEND 4 PARTICIPANTS + 1 LEADER

TRAVEL BUDGET (WE DON'T REIMBURSE OVER THE GIVEN AMOUNT):

PORTUGAL - 530 EURO PER PARTICIPANT

LITHUANIA - 275 EURO PER PARTICIPANT

CROATIA - 180 EURO PER PARTICIPANT

ITALY - 275 EURO PER PARTICIPANT

ESTONIA - 275 EURO PER PARTICIPANT

ROMANIA - 275 EURO PER PARTICIPANT

HUNGARY - 180 EURO PER PARTICIPANT

THE CLOSEST AIRPORTS ARE: KATOWICE AND KRAKÓW

IN ORDER TO GET TO RAJCZA YOU NEED TO TAKE A TRAIN FROM KATOWICE RAILWAY STATION

([HTTP://WWW.PKP.PL](http://www.pkp.pl)) OR A BUS FROM KRAKÓW MDA BUS STATION

([HTTP://MDA.MALOPOLSKA.PL/PL](http://mda.malopolska.pl/pl))

BEFORE BUYING YOUR TICKETS, PLEASE SEND US THE ITINERARY (NOT LATER THAN 30TH SEPTEMBER AND THEN WE WILL ADVISE YOU WHAT IS THE BEST WAY TO GET TO THE EXCHANGE PLACE

PROJECT PLACE:

PENSJONAT WRZOS

[HTTPS://WRZOSRESTAURACJA.WORDPRESS.COM/](https://wrzosrestauracja.wordpress.com/)

RYCERKA DOLNA 1

34- 370 RAJCZA

INFO ABOUT THE VILLAGE:

[HTTPS://EN.WIKIPEDIA.ORG/WIKI/RAJCZA](https://en.wikipedia.org/wiki/Rajcza)

NOVEMBER IN POLAND:

IT'S RATHER COLD, RAINY (SOMETIMES SNOWY), WINDY, FOGGY AND CLOUDY.

BUT...WITH A POSITIVE APPROACH IT STILL CAN BE APPRECIATED - ESPECIALLY IN THE MOUNTAIN AREA LIKE RAJCZA. THEREFORE BRING WARM JACKETS, SWEATERS, WOOLEN SOCKS, COMFORTABLE (BUT WARM) SHOES AND UMBRELLA. HATS, GLOVES AND SCARVES ALSO SOUND LIKE A GOOD IDEA.

## WHAT TO BRING:

- TOWEL;
- LAPTOP/TABLET/SMARTPHONE;
- SNACKS AND DRINKS (NON ALCOHOLIC) FOR THE INTERCULTURAL NIGHT;
- WARM AND COMFORTABLE CLOTHES AND SHOES.

## EACH GROUP IS ASKED TO PREPARE BEFORE THE EXCHANGE:

- FEW FUN GAMES AND ENERGIZERS;
- FUNNY AND INTERACTIVE OFF LINE PRESENTATION OF THE CULTURE AND COUNTRY -  
GAMES, QUIZZES, DANCES AND (LIVE) MUSIC IS VERY WELCOME!
- EXAMPLES OF NATIONAL CAMPAIGNS AND LOCAL ACTIONS SUPPORTING DIVERSITY;
- LIST OF BURNING PROBLEMS IN EUROPE FROM THE PERSPECTIVE OF YOUNGSTERS.

## AFTER THE EXCHANGE:

- 3 ARTICLES/POSTS IN SOCIAL MEDIA, ORGANISATION'S WEB SITE, LOCAL TRADITIONAL  
MEDIA;
- ORGANIZING PROJECT PROMOTION MEETING AND WORKSHOPS ABOUT INTERCULTURAL  
EDUCATION FOR THE LOCAL YOUTH

BRIEF PROGRAM (MAY SLIGHTLY CHANGE):

10.11. - ARRIVAL

11.11. - LET'S GET KNOW EACH OTHER;  
- GROUND RULES, EXPECTATIONS AND CONTRIBUTIONS;  
YOUTHPASS Q&A; ERAMUS+

12.11. - COOLTURE? - DIFFERENT VIEWS OF CULTURE;  
- IN BETWEEN - INTERCULTURAL EDUCATION;  
INTERNATIONAL NIGHT 1

13.11. - DIFFERENCE AS A GOLD MAINE;  
- EUROPE'S PROBLEMS - MY PROBLEMS?;  
- INTERNATIONAL NIGHT 2

14.11. - PEOPLE ON THE STREET! / STREET CAMPAIGN PREPARATION;  
INTERNATIONAL NIGHT 3

15.11. - YOUTUBE INTERCULTURALITY;  
"HOW TO BE MORE..." - TUTORIALS IN PROGRESS

16.11. - SUMMARY OF THE PROJECT AND ITS ACHIEVEMENTS  
FINAL EVALUATION

17.11. - DEPARTURE

## SUMMARY OF THE PROJECT:

"OPEN HEART, OPEN MIND, OPEN EUROPE" IS AN INTERNATIONAL PROJECT OF YOUTH EXCHANGE, INVOLVING 41 YOUNG PEOPLE FROM POLAND, LITHUANIA, CROATIA, HUNGARY, ROMANIA, ITALY, PORTUGAL AND ESTONIA. IT WILL TAKE PLACE IN A SMALL TOWN - RAJCZA, SITUATED IN A MOUNTAIN AREA, IN THE REGION OF BESKID ŻYWIECKI. THE MAIN GOAL OF OUR EXCHANGE IS TO MAKE PARTICIPANTS MORE AWARE AND SENSITIVE ON THE SOCIAL PHENOMENONS, THAT ARE PRESENT IN EUROPE AND ALL OVER THE WORLD RECENTLY, AND ARE CAUSED BY IGNORANCE, HATRED AND FEAR. THEIR MAIN FOCUS IS ON THE GROUPS OF PEOPLE REPRESENTING "DIVERSITY". WE WANT OUR PROJECT TO BECOME A SPACE OF MEETING FOR YOUNG PEOPLE WHO WANT TO FIGHT PREJUDICES AND FEAR AND TO SHARE OPENMINDNESS AND THE IDEA OF DIVERSITY THAT ENRICH WORLD AND PEOPLE, NOT THREATENS THEM. WORKSHOPS WITH COACHES, CULTURE EXPERTS - ANTROPOLOGISTS, MEETINGS WITH REPRESENTATIVES OF NGOS, THAT PROMOTE ANTIDSCRIMINATION AND TOLERANCE AS WELL AS INTERCULTURAL AND NON FORMAL EDUCATION WILL BE A GREAT OPPORTUNITY TO GET FAMILIAR WITH THE TOPIC OF "INTERCULTURALITY" AND ITS IMPLEMENTATION IN SOCIAL ACTIVITIES. THANKS TO THIS PROJECT PARTICIPANTS WILL HAVE A CHANCE TO CONFRONT EXPERIENCES AND OPINIONS ON THE PRESENT EUROPE'S PROBLEMS AND IT WILL BE A WAY OF SEARCHING CREATIVE SOLUTIONS, WHERE IT'S POSSIBLE. OUR MAIN ACTIVITIES REGARDING THE METHODOLOGY ARE: SIMULATIONS, WORKSHOPS, PRESENTATIONS, MEETINGS WITH EXPERTS AND A STREET CAMPAIGN.



See you soon in  
Poland!

"We add Wings"  
Team